## **WATER SAFETY WEEK**



Drowning is the #2
leading cause of
accidental childhood
death for kids 1-14 years
old. Drowning is
preventable! Together
we can prevent
drowning deaths this
summer.



#### SIGNS OF DROWNING

- 1. FACING SHORE
- 2. MOUTH AT WATER LEVEL
- 3. HEAD TILTED BACK
- 4. BODY VERTICAL
- 5. CLIMBING LADDER MOTION



**DROWNING IS SILENT** 

## KEEP YOUR FAMILY AND COMMUNITY SAFE

We talk to our kids about seat belts, the internet, stranger danger, and bullying- bring water safety to the conversation!

Does your family know what a drowning person looks like?

You're never too old or too young to learn to swim. Make learning to swim a family goal + priority.

Have questions or need lessons? Reach out to Safe Swim (504) 645-0749 or info@safeswimkids.com

# It takes 20 seconds to drown! Supervision is key. If you're around the water- assign a water watcher every 15 minutes. This person watches the

water with no distractions, no phone.



### Reach or throw- don't go.

Sadly many people drown trying to rescue someone else. If you see someone drowning- call for help. To rescue, reach out something long or throw something that floats. Never jump in the water- you could both drown.